

EPIDEMIOLOGY BULLETIN

James B. Kenley, M.D., Commissioner Grayson B. Miller, Jr., M.D., Epidemiologist Editor: Carl W. Armstrong, M.D.

August, 1984

Volume 84, Number 8

Prevention and Control of Influenza

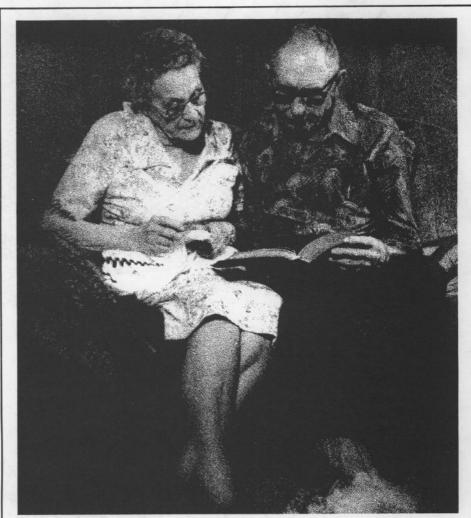
These recommendations extensively revise previous influenza vaccine recommendations of the Immunization Practices Advisory Committee (ACIP) of the U.S. Public Health Service and provide information on the vaccine and antiviral agent available for control of influenza in the 1984-1985 influenza season and on target groups for which special influenza control programs are recommended.

Introduction

Influenza viruses have continually lemonstrated an ability to cause major epidemics of respiratory disease. Typical influenza illness is characterized by abrupt onset of fever, sore throat, and nonproductive cough and, unlike many other common respiratory infections, can cause extreme malaise lasting serveral days. More severe disease can result from invasion of the lungs by influenza virus (primary viral pneumonia) or by secondary bacterial pneumonia. High attack rates of acute illness and the frequent occurrence of lower respiratory tract complications usually result in dramatic rises in numbers of visits to physicians' offices and to hospital emergency rooms. Futhermore, influenza frequently infects individuals, who, because of their ages or underlying health problems, are poorly able to cope with the disease and often require medical attention, including hospitalization. Such persons are considered to be medically at "high risk" in epidemics. In one recent study, for example, hospitalization rates for adults with "high-risk" medical conditions increased during major epidemics by about twofold to fivefold in different age groups, reaching a maximum rate of about 800 excess hospitalizations per 100,000 high-risk per-

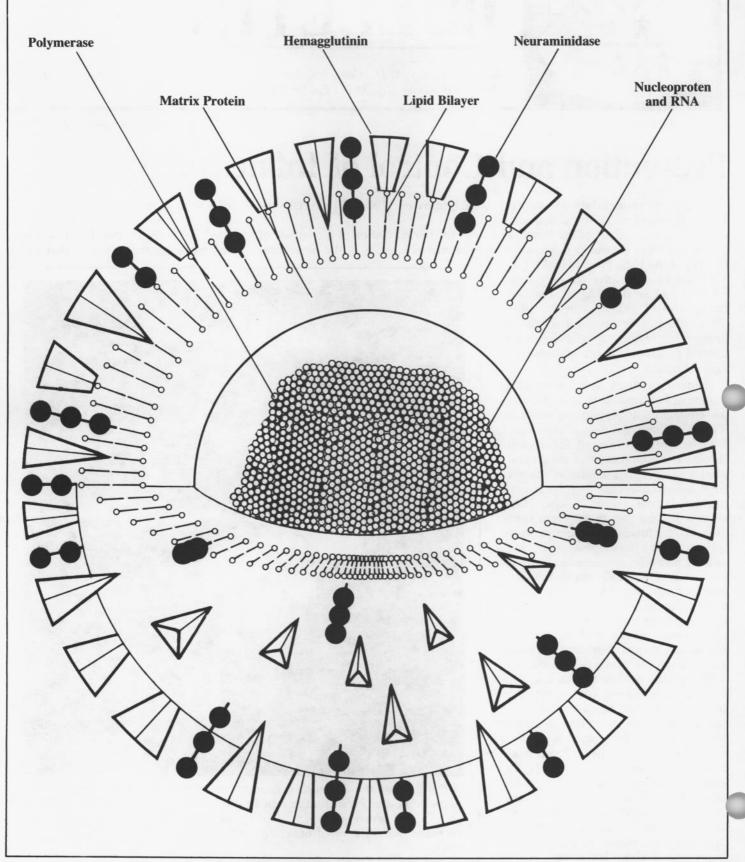
A further indication of the impact of influenza epidemics is the significant

elevation of mortality that often occurs. Such excess mortality is attributed not only to the direct cause of influenza pneumonia but also to an



Because of the increasing proportion of elderly persons in the U.S. population and because age and its associated chronic diseases are risk factors for severe influenza illness, the future toll from influenza may increase, unless control measures are used more vigorously than in the past.

Figure 1. Influenza Virus



increase in deaths from cardiopulmonary disease. Epidemics have been associated with excess deaths of 10,000 persons or more 15 times from 1957 to 1982; excess mortality again exceeded the epidemic threshold during the 1982-1983 influenza season.

The greatest impact of influenza is normally seen when new strains appear against which most of the population lacks immunity. In these circumstances (e.g., 1957 and 1968), pandemics occur, and a quarter or more of the U.S. population has been affected over a period of 2-3 months.

Because of the increasing proportion of elderly persons in the U.S. population and because age and its associated chronic diseases are risk factors for severe influenza illness, the future toll from influenza may increase, unless control measures are used more vigorously than in the past. Other populations at high risk for influenza-related complications are also increasing, due, for example, to the success of intensive-care units for neonates, better management of diseases, such as cystic fibrosis, and better survival rates for organ-transplant recipients.

Options for the Control of Influenza

For about 20 years, efforts to reduce the impact of influenza in the United States have been aimed primarily at immunoprophylaxis of persons at greatest risk of serious illness or death. Observations during influenza epidemics indicate that most influenza-related deaths occur among: (1) persons older than 65 years of age and (2) persons with chronic, underlying disorders of the cardiovascular, pulmonary, and/or renal systems, as well as those with metabolic diseases (including diabetes mellitus), severe anemia, and/or compromised immune function. Recommendations listed below apply mainly to these high-risk groups. In addition, measures are described that apply to other individuals or groups under special circumstances. Influenza-control options should also be made available to individuals who wish to reduce their chances of acquiring influenza infection or to reduce the severity of dis-

Prophylaxis is likely to be achieved with greatest cost-effectiveness by vaccinating individuals of whom infection may have the most severe consequences and for whom there is a higher-than-average potential for infection. In addition, vaccination can best be organized when such high-risk individuals routinely have contact with the health-care delivery system for causes other than acute respiratory infection before the influenza season, thereby permitting vaccine administration without special visits to doctors' offices or clinics. Other indications for prophylaxis (whether with vaccine or antiviral drugs) include the strong desire of any person to avoid a preventable illness.

The presently available specific therapy for influenza A—amantadine hydrochloride (Symmetrel®)—is most likely to be beneficial for individuals who seek medical attention promptly due to the abrupt onset of an acute respiratory infection with trouble-some symptoms during an influenza A epidemic. For high-risk individuals for whom influenza vaccine has not been used or has not prevented infection, amantadine therapy should be effective in reducing the severity of disease.

Continued to page 4

Strain 19 Disease—An Occupational Hazard for Veterinarians

Case Report: A 38 year old veterinarian was attempting to vaccinate a cow with strain 19 Brucella abortus when he accidentally inoculated himself in the forearm. He began taking tetracycline 250 mg, by mouth, four times a day. Five days later he developed fever (39°C), chills, sweats, myalgia, headache, and a one cm inflamed lesion at the site of injection. His physician doubled the dose of tetracycline, which was continued for five weeks, and added streptomycin during the first two weeks. Although the forearm lesion initially increased in size and a three cm abscess was noted, both the abscess and the symptoms resolved on antibiotic therapy. Five days after tetracycline was discontinued symptoms recurred and the skin lesion reappeared. Three blood cultures were positive for B. abortus. The course of antimicrobial therapy was repeated and the lesion was incised and drained. There were no further recurrences.

Editor's Comment: Strain 19 vaccine is a live bacterial vaccine containing B. abortus of attenuated viru-Epidemiology Bulletin

lence. It is used by veterinarians to prevent disease in cattle due to more virulent field strains.

Veterinarians have been inoculated with strain 19 after receiving accidental needlesticks or when vaccine has splashed into their eyes. Such accidents are apparently quite common. A study in Ontario, Canada found that over one half of 282 veterinarians surveyed had experienced accidental self-inoculation and approximately 20% had done so more than once. Strain 19 disease, almost certainly under-reported, accounts for 1-2% of brucellosis cases reported in the U.S.

Following accidental exposure the recipient may develop strain 19 disease. The attack rate is not known, but probably depends on the volume of material inoculated. Illness resembles classic brucellosis but is generally milder, although severe manifestations have been reported occasionally. In persons with no prior immunity, the incubation period is usually 7-10 days, but has been reported as long as 30 days following exposure. Blood cultures may yield

strain 19 *B. abortus*. Persons with prior immunity may develop severe local inflammation at the site of inoculation within 1-6 hours after exposure, usually accompanied by fever and chills. An allergic mechanism is postulated for these early reactions. Abscesses may develop at the site of inoculation and have yielded the strain 19 organism. Treatment of strain 19 disease is the same as for classic brucellosis with the addition of incision and drainage, as indicated, for abscesses, and corticosteroids for allergic manifestations.

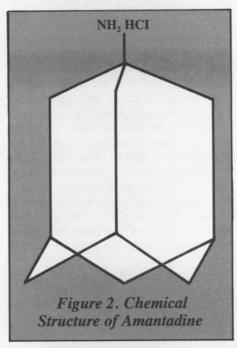
Prophylactic tetracycline (2 grams per day, by mouth, for 21 days) has been administered to some veterinarians following accidental inoculation. Although there are no controlled studies which have examined the value of such a practice, prophylaxis with tetracycline would appear to be a reasonable action if there are no contraindications to its use. A serum specimen should be obtained and saved at the time of the first visit for possible diagnostic use later, if illness develops.

Inactivated Influenza Vaccine

Use of inactivated influenza vaccine is the single most important measure in preventing and/or attenuating influenza infection. Potency of present vaccines is such that nearly all vaccinated young adults develop hemagglutination-inhibition antibody titers that are likely to protect them against infection by strains like those in the vaccine and, often, by related variants that emerge. The elderly, the very young, and patients with certain chronic diseases may develop lowerpost-vaccination antibody titers than voung adults. Under these circumstances, however, influenza vaccine may be more effective in preventing lower respiratory tract involvement or other complications of influenza than in preventing infection and involvement of the upper respiratory tract. Influenza vaccine will not, of course, prevent primary illnesses caused by other respiratory pathogens.

Annual vaccination against influenza has been recommended since 1963 for individuals at high risk of lower respiratory tract complications and death following influenza infection, i.e., the elderly and persons with chronic disorders of the cardiovascular, pulmonary, and/or renal systems, metabolic diseases, severe anemia, and/or compromised immune function. These groups have been identified primarily by reviews of death certificate data, supported by hospitalbased or population-based studies. Each group encompasses patients along a continuum of underlying general health. In other words, within each broadly defined high-risk category, some persons may be more likely than others to suffer severe complications from influenza infection.

Investigations of influenza outbreaks in nursing homes, for example, have demonstrated attack rates as high as 60%, with case-fatality ratios as high as 30% or more. Chronic diseases and other debiliating conditions are common among nursing-home residents, and spread of infection can often be explosive in such relatively crowded and closed environments. Recent retrospective studies of noninstitutionalized patients also suggest that chronic, underlying diseases, particularly those that affect the cardiovascular and pulmonary systems, may contribute more to the severity of illness than age alone. Since influenza infections are also known to invoke abnormalities in gas exchange and peripheral airways dysfunction in adults, children with compromised pulmonary function, including those with cystic fibrosis, chronic asthma, and bronchopulmonary dysplasia, and neonates in intensive-care units may also be at higher risk of severe



illness, although firm evidence is lacking. Children with congenital heart disease may also be considered at high risk, since respiratory viruses in general often produce severe infections in this population.

Target Groups for Vaccination

- 1. Based on the above observations, the previous broadly defined highrisk group has been further classified on the basis of priority, so special efforts can be directed at providing vaccine to those who may derive the greatest benefit. Groups for which active, targeted vaccination efforts are most necessarv are:
 - a. Adults and children with chronic disorders of the cardiovascular or pulmonary systems that are severe enough to have required regular medical followups or hospitalization during the preceding year.
 - b. Residents of nursing homes and other chronic-care facilities (e.g., institutions housing patients of any age with chronic medical conditions).
- 2. Although not proven, it is reasonable to believe that medical person-

nel can transmit influenza infections to their high-risk patients while they are themselves incubating infection, undergoing subclinical infection, or working despite the existence of mild symptoms. In many winters, nosocomial outbreaks of influenza are reported. The potential for introducing influenza to high-risk groups, such as patients with severely compromised cardiopulmonary or immune systems or infants in neonatal intensive-care units, should be reduced by vaccination programs targeted at medical personnel. Therefore, physicians, nurses and other personnel who have extensive contact with high-risk patients (e.g., primary-care and certain speciality clinicians and staff of intensive-care units) should receive influenza vaccination annually.

3. After considering the needs of the above two target groups, high priority should also be given to organizing special programs making vaccine readily available to persons at moderately increased risk of serious illness compared with the general population.

a. Otherwise healthy individuals

over 65 years of age.

b. Adults and children with chronic metabolic diseases (including diabetes mellitus), renal dysfunction, anemia, immunosuppression, or asthma that are severe enough to have required regular medical follow-ups or hospitalization during the preceding year.

Vaccine Recommendations

Vaccine composition and doses are given in Table 1. Guidelines for use of vaccine are given below for different segments of the population:

High-Priority Target Grups: Annual vaccination with inactivated influenza vaccine is considered the single most important measure in preventing or attenuating influenza infection and is strongly recommended for the above groups. In most past years, only 20% of the groups defined as high risk on the basis of medical condition or age received influenza vaccine in any given year. Increased effort must be made to immunize persons in highrisk groups, particularly those in the highest-priority target groups (1 above).

As an initial step, the ACIP recommends that infection control programs in institutions for the aged or chronically ill have as their goal the achievement of no less than 80% vaccination rates for the residents. Hospitals and physicians should have a similar objective for vaccinating patients with severe cardiopulmonary disorders and for vaccinating medical personnel who have the greatest potential to introduce influenza virus into high-risk hospital settings (2 above). Wherever possible, efforts should also be made to vaccinate persons at moderately increased risk (3 above). This latter objective often requires that active promotion of influenza vaccine be made by individual physicians who practice outside organizations that can set administrative guidelines and procedures for their professional staff. Establishment of physicians' office and clinic systems for influenza vaccination activities are essential to assist the physician in providing vaccine.

General Population: Physicians should administer vaccine to any persons in their practices who wish to reduce their chances of acquiring influenza infection. Persons who provide essential community services, such as employees of fire and police departments, and health-care personnel are not considered to be at increased occupational risk of serious influenza illness but may be considered for vaccination programs designed to minimize the possible disruption of essential activities that can occcur during severe epidemics.

Pregnant Women: Pregnancy has not been demonstrated to be a risk factor for severe influenza infection, except in the largest pandemics of 1918-1919 and 1957-1958. Influenza vaccine is considered generally safe for pregnant women. Nonetheless, when vaccine is given during pregnancy, waiting until the second or third trimester is a reasonable precaution to minimize any concern over the theoretical possibility of teratogenicity.

Persons Who Should Not Be Vaccinated: Inactivated influenza vaccine should not be given to persons who have anaphylactic sensitivities to eggs (see Side Effects and Adverse Reactions). Persons with acute febrile illnesses normally should not be vaccinated until their temporary symptoms have abated.

Strategies for Implementing Influenza Vaccine Recommendations

Influenza vaccine should normally be obtained to use during the fall. More effective programs for giving influenza vaccine are needed in nursing Epidemiology Bulletin homes and other chronic-care facilities, in physicans' offices, and in hospital settings. Adults and children in high-priority target groups who do not reside in nursing homes or other chronic-care facilities should be given influenza vaccine at the time of regular medical follow-ups in the fall. Those not scheduled for regular medical appointments in the fall should be notified by their medical offices or clinics to come in specifically to receive influenza vaccine. Physicians responsible for care of hospitalized patients should, during the fall, consider administering influenza vaccine to patients with high-risk conditions before the patients are discharged.

These and other programs to annually vaccinate target groups require planning well in advance and should, whenever possible, be completed before the beginning of the influenza season. However, vaccine can be given right up to the time influenza virus activity is documented and even thereafter, although temporary chemoprophylaxis may be indicated in these situations (see amantadine recommendations below).

Vaccine Composition

Influenza A viruses are classified into subtypes on the basis of two antigens: hemagglutinin (H) and neuraminidase (N.) These subtypes of he-

magglutinin (H1, H2, H3) and two subtypes of neuraminidase (N1, N2) are recognized among influenza A viruses that have caused widespread human disease. Immunity to these antigens, especially hemagglutinin, reduces the likelihood of infection and the severity of disease if infection does occur. However, there may be sufficient antigenic variation (antigenic drift) within the same subtype over time, so that infection or vaccination with one strain may not induce immunity to distantly related strains of the same subtype. Although influenza B viruses have shown much more antigenic stability than influenza A viruses, antigenic variation does occur. As a consequence, the antigenic characteristics of current strains provide the basis for selecting virus strains included in the vaccine.

Based on the most recent epidemiologic and laboratory data, it is anticipated that strains prevalent in 1984-1985 will be closely related to A/Philippines/2/82 (H3N2), A/Chile/1/83 (H1N1), and B/USSR/100/83. Therefore, these strains will be included in the vaccine for use during the 1984-1985 season (Table 1). The type A (H1N1) and type B components represent changes from the 1983-1984 vaccine, which should be discarded.

TABLE 1. Influenza vaccine* dosage, by age of patient—1984-1985 season

| Age group | Product† | Dosage§ | Number of doses | | | |
|---------------|----------------------|---------|-----------------|--|--|--|
| 6-35 months | Split virus only | 0.25 ml | | | | |
| 3-12 years | Split virus only | 0.5 ml | 2¶ | | | |
| over 12 years | Whole or split virus | 0.5 ml | 1 | | | |

*Contains 15 µg each of A/Chile/83(H1N1), A/Philippines/82(H3N2), and B/USSR/100/83 hemagglutinin antigens in each 0.5 ml. Manufacturers include Connaught Laboratories, Inc. (FLUZONE®: whole and split). Parke-Davis (FLUOGEN® split), and Wyeth Laboratories (Influenza Virus Vaccine, Trivalent®: split).

†Because of the lower potential for causing febrile reactions, only split (subvirion) vaccine should be used in children. Immunogenicity and reactogenicity of split and whole virus vaccines are similar in adults when used according to the recommended dosage.

\$Pneumococcal vaccine and influenza vaccine can be given at the same time at different sites without increasing side effects, but it should be emphasized that, whereas influenza vaccine is given annually, pneumococcal vaccine should be given only once to adults. Detailed immunization records should be provided to each patient to help ensure that additional doses of pneumococcal vaccine are not given.

¶Four weeks or more between doses; both doses are recommended for maximum protection. However, if the individual received at least one dose of any influenza vaccine recommended from 1978-1979 to 1983-1984, one dose is sufficient.

Side Effects and Adverse Reactions

Vaccines used in recent years have generally been associated with only a few reactions; fewer than one-third of vaccinees have been reported to develop local redness or induration for 1 or 2 days at the site of injection.

Systemic reactions have been of

two types:

- 1. Fever, malaise, myalgia, and other systemic symptoms of toxicity, although infrequent, most often affect children and others who have had no exposure to the influenza virus antigens contained in the vaccine. These reactions, which begin 6-12 hours after vaccination and persist for 1-2 days, are usually attributed to the influenza antigens (even though the virus is inactivated) and constitute most of the systemic side effects of influenza vaccination.
- 2. Immediate, presumably allergic, responses, such as flare and wheal or various respiratory tract symptoms of hypersensitivity, occur extremely rarely after influenza vaccination. These symptoms probably result from sensitivity to some vaccine component-most likely residual egg protein. Although current influenza vaccines contain only a small quantity of egg protein, on rare occasions, vaccine can induce hypersensitivity reactions. Individuals with anaphylactic hypersensitivity to eggs should not be given influenza vaccine. Such persons include those who, on eating eggs, develop swelling of the lips or tongue or experience acute respiratory distress or collapse. Unlike the 1976 swine influenza vaccine, subsequent vaccines have not been associated with an increased frequency of Guillain-Barré syndrome.

Simultaneous Pneumococcal Vaccination

There is considerable overlap in the target groups for influenza vaccination and those for pneumococcal vaccine. Pneumococcal vaccine and influenza vaccine can be given at the same time at different sites without increased side effects, but it should be emphasized that, whereas influenza vaccine is given annually, pneumococcal vaccine should be given only once to adults. Detailed immunization records, which should be provided to each patient, will help ensure that additional doses of pneumococcal vaccine are not given.

Antiviral Agent: Amantadine

The only drug currently available for the specific prophylaxis and therapy of influenza virus infections is amantadine hydrochloride (Symmetrel®), which appears to interfere with the uncoating step in the virus replication cycle. The drug also reduces virus shedding. Amantadine is 70%-90% effective in preventing illnesses caused by circulating strains of type A influenza viruses (it is not effective against type B influenza). When administered within 24-48 hours after onset of illness, amantadine has been shown to reduce the duration of fever and other systemic symptoms with a more rapid return to routine daily activities and improvement in peripheral airway function. Since it may not prevent actual infection, persons who take the drug may still develop immune responses that will protect them when exposed to antigenically related viruses.

While considerable evidence shows that amantadine chemoprophylaxis is effective against influenza A, under most circumstances it should not be used in lieu of vaccination, because it confers no protection against influenza B, and patient compliance could be a problem for continuous administration throughout epidemic periods, which generally last 6-12 weeks.

Amantadine Recommendations

Prophylaxis: Specific circumstances for which amantadine prophylaxis is recommended include the following:

- 1. As short-term prophylaxis during the course of a *presumed* influenza A outbreak (e.g., in institutions for persons at high risk), particularly when the vaccine may be relatively ineffective (e.g., due to major antigenic changes in the virus). The drug should be given early in the outbreak in an effort to reduce the spread of the infection.
- 2. As an adjunct to late immunization of high-risk individuals, it is not too late to immunize even when influenza A is known to be in the community. However, since the development of a protective response following vaccination takes about 2 weeks, amantadine should be used

TABLE 2. Amantadine hydrochloride dosage, by age of patient and level of renal function

| Age group | Dosage* | | | | | |
|-------------------------|---|--|--|--|--|--|
| Normal renal function | | | | | | |
| 1-9 years† | 4.4-8.8 mg/kg/day once daily or divided twice daily. Total dosage should not exceed 150 mg per da | | | | | |
| ≥ 10 years§ | 200 mg once daily or divided twice daily | | | | | |
| Impaired renal function | | | | | | |
| CREATININE CLEARA | NCE: | | | | | |
| (ml/min 1.73m²) | | | | | | |
| ≥ 80 | 100 mg twice daily | | | | | |
| 60-80 | 200 mg/100 mg on alternate days | | | | | |
| 40-60 | 100 mg once daily | | | | | |
| 30-40 | 200 mg twice weekly | | | | | |
| 20-30 | 100 mg thrice weekly | | | | | |
| 10-20 | 200 mg/100 mg alternating every 7 days | | | | | |

*For prophylaxis, amantadine must be taken each day for the duration of the influenza A activity in the community (generally 6-12 weeks). For therapy, amantadine should be started as soon as possible after onset of symptoms and should be continued for 24-48 hours after the disappearance of symptoms (generally 5-7 days).

†Use in children under 1 year of age has not been evaluated adequately. In one study, a dose of 6.6 mg/kg/day was reportedly well-tolerated by children

over 2 years of age.

§A reduction in dosage for persons over 65 years of age should be considered (100 mg once daily), since renal function may be impaired in as many as 50% of these individuals.

in the interim. The drug is not known to interfere with antibody response to the vaccine.

3. To supplement protection afforded by vaccination, chemoprophylaxis may be considered also for highrisk patients who may be expected to have a poor antibody response to influenza vaccine, e.g., those with severe immunodeficiency.

4. As chemoprophylaxis throughout the influenza season for those few high-risk individuals for whom influenza vaccine is contraindicated because of anaphylactic hypersensitivity to egg protein or prior severe reactions associated with influenza vaccination.

Amantadine can also be used prophylactically in other situations (e.g., unimmunized people who wish to avoid influenza A illness). This decision should be made on an individual basis.

Therapy: Since vaccine efficacy is less than 100%, amantadine should be considered for therapeutic use, particularly for persons in the high-risk groups if they develop an illness compatible with influenza during a period of known or suspected influenza A activity in the community. The drug should be given within 24-48 hours of onset of illness and should be continued until 48 hours after resolution of signs and symptoms.

Persons who should not be given amantadine: Particular caution should be exercised for persons under 1 year of age or persons of any age with impaired renal function (see below).

Dosage

The usual dosage of amantadine if 200 mg/day. Splitting the dose into 100 mg twice daily may reduce the frequency of side effects. Dosages for children and for persons with reduced renal function are given in Table 2.

Side Effects and Adverse Reactions

Five percent to 10% of otherwise healthy adults taking amantadine have reported side effects, such as insomnia, lightheadedness, irritability, and difficulty concentrating. These and other side effects (see package insert) may be more pronounced among patients with underlying diseases, particularly those common among the elderly; provisions for careful monitoring are needed for these individuals so that adverse effects may be recognized promptly and the drug reduced in dosage or discontinued, if necessary. Since amantadine is not metabolized, toxic levels will occur **Epidemiology Bulletin**

when renal function is sufficiently impaired.

Other Measures

Under special circumstances, supplementary control measures may be useful in further limiting the spread of influenza. Influenza is known to cause nosocomial infection, and a number of measures, including isolation, cohorting of patients and personnel, limiting visitors, and avoiding elective admissions and surgery during an influenza outbreak, have all been suggested to limit further transmission. However, the effectiveness of most of these measures has not been conclusively demonstrated. Schools or classrooms have been closed occasionally when explosive outbreaks have occurred. The effect of this measure on virus transmission has not been established.

Selected Bibliography

Barker WH, Mullooly JP. Influenza vaccination of elderly persons. Reduction in pneumonia and influenza hospitalizations and deaths. JAMA 1980; 244:2547-9.

Barker WH, Mullooly JP. Impact of epidemic type A influenza in a defined adult population. Am J. Epidemiol 1980; 112:798-811.

Barker WH, Mullooly JP. Pneumonia and influenza deaths during epidemics: implications for prevention. Arch Intern Med 1982; 142:85-9.

Consensus development conference panel. Amantadine: does it have a role in the prevention and treatment of influenza? A National Institutes of Health Consensus Development Conference. Ann Intern Med 180; 92:256-8.

Dowdle WR, Coleman MT, Gregg MB. Natural history of influenza type A in the United States, 1957-1972. Prog Med Virol 1974; 17:91-135.

Eickhoff TC. Immunization against influenza: rationale and recommendations. J Infect Dis 1971; 123:446-54.

Fedson DS, Kessler HA. A hospital-based influenza immunization program, 1977-78. Am J Public Health 1983; 73:442-5.

Galasso GJ, Tyeryar FJ Jr, Cate TR, et al., eds. Clinical studies of influenza vaccines—1976. J Infect Dis 1977; 136(suppl):S341-S742.

Glezen WP. Serious morbidity and mortality associated with influenza epidemics. Epidemiol Rev 1982; 4:25-44.

Horadam VW, Sharp JG, Smilack JD, et al. Pharmacokinetics of amantadine hydrochloride in subjects with normal and impaired renal function. Ann Intern Med 1981; 94:454-8.

Kaplan JE, Katona P, Hurwitz ES, Schonberger LB. Guillain-Barré syndrome in the United States. 1979-1980 and 1980-1981. Lack of an association with influenza vaccination. JAMA 1982; 248:698-700.

Kilbourne ED, ed. The influenza viruses and influenza. New York: Academic Press, 1975.

Leneman F. The Guillain-Barré syndrome: definition, etiology, and review of 1,100 cases. Arch intern Med 1966; 118:139-44.

Mufson MA, Krause HE, Tarrant CJ, Sciffman G. Cano FR. Polyvalent pneumococcal vaccine given alone and in combination with bivalent influenza vaccine. Proc Soc Exp Biol Med 1980; 163;498-503.

Nolan TF Jr, Goodman RA, Hinman AR, Noble GR, Kendal AP, Thacker SB. Morbidity and mortality associated with influenza B in the United States, 1979-1980. A report from the Center for Disease Control, J. Infect Dis 1980; 142:360-2.

Parkman PD, Galasso GJ, Top FH Jr. Noble GR. Summary of clinical trials of influenza vaccines J. Infect Dis 1976; 134:100-7.

Schonberger LB, Bregman DJ, Sullivan-Bolyai JZ, et al. Guillain-Barré syndrome following vaccination in the National Influenza Immunization Program, United States, 1976-1977. Am J. Epidemiol 1979; 110:105-23.

Schonberger LB, Hurwitz ES, Katona P. Holman RC, Bregman DJ. Guillain-Barré syndrome: its epidemiology and associations with influenza vaccination. Ann Neurol 1981; 9(suppl):31-8.

Wright PF, Dolin R, La Montagne JR. Summary of clinical trials of influenza vaccines-II. J Infect Dis 1976; 134:633-8.

Reprinted from MMWR 1984; 33: 253-60, 265-6.

Month: August, 1984

| | State | | | | | Regions | | | | |
|--------------------------------|------------|---------------|----------------------------|--------|---------------------------|------------|----|------|----|----|
| | | | | | Mean 5 Year To Date | This Month | | | | |
| Disease | This Month | Last Month | Total to Date 1984 1983 | | | N.W. | N. | s.w. | C. | E. |
| Measles | | | 4 | 23 | 122 | 0 | 1 | 0 | 0 | 0 |
| Mumps | 1 | 3 | 15 | 30 | 64 | 0 | 1 | 0 | 0 | 0 |
| Pertussis | 0 | 3 | 12 | 44 | 17 | 0 | 0 | 0 | 0 | 0 |
| Rubella | 0 | 0 | 0 | 2 | 52 | 0 | 0 | 0 | 0 | 0 |
| Meningitis—Aseptic | 44 | 28 | 134 | 128 | 114 | 11 | 15 | 2 | 8 | 8 |
| **Bacterial | 12 | 19 | 169 | 168 | 141 | 3 | 2 | 0 | 0 | 7 |
| Hepatitis A (Infectious) | 8 | 7 | 70 | 88 | 149 | 3 | 1 | 1 | 2 | 1 |
| B (Serum) | 43 | 39 | 329 | 371 | 338 | 7 | 12 | 2 | 9 | 13 |
| Non-A, Non-B | 6 | 3 | 64 | 51 | **37 | 1 | 2 | 0 | 1 | 2 |
| Salmonellosis | 148 | 168 | 798 | 863 | 873 | 12 | 25 | 35 | 41 | 35 |
| Shigellosis | 18 | 13 | 150 | 110 | 305 | 1 | 6 | 0 | 2 | 9 |
| Campylobacter Infections | 63 | 75 | 383 | 339 | *170 | 18 | 10 | 2 | 14 | 19 |
| Tuberculosis | 40 | 23 | 286 | 315 | _ | _ | _ | _ | _ | _ |
| Syphilis (Primary & Secondary) | 25 | 22 | 265 | 388 | 392 | 3 | 7 | 1 | 14 | 18 |
| Gonorrhea | 1693 | 1518 | 12,826 | 13,322 | 14,216 | _ | _ | _ | _ | _ |
| Rocky Mountain Spotted Fever | 12 | 10 | 37 | 46 | 68 | 4 | 1 | 1 | 6 | (|
| Rabies in Animals | 17 | 11 | 157 | 490 | 191 | 12 | 4 | 0 | 1 | (|
| Meningococcal Infections | 5 | 2 | 47 | 59 | 59 | 2 | 1 | 0 | 0 | |
| Influenza | 2 | 1 | 1097 | 893 | 1438 | 0 | 0 | 1 | 0 | (|
| Toxic Shock Syndrome | 1 | 1 | 7 | 6 | 5 | 0 | 0 | 1 | 0 | |
| Reyes Syndrome | 0 | 0 | 5 | 5 | 11 | 0 | 0 | 0 | 0 | - |
| Legionellosis | 3 | 3 | 18 | 18 | 11 | 0 | 0 | 0 | 1 | - |
| Kawasaki's Disease | 1 | 1 | 10 | 33 | 17 | 0 | 0 | 0 | 0 | |
| Other: | _ | _ | _ | _ | _ | - | - | - | _ | _ |

Counties Reporting Animal Rabies: Albemarle 2 raccoons; Fredericksburg 1 cat; Louisa 1 fox; Madison 1 raccoon; Orange 2 raccoons; Rockbridge 1 bat; Rockingham 1 raccoon; Shenandoah 1 raccoon, 1 skunk; Spotsylvania 1 skunk; Fairfax 2 raccoons; Loudoun 1 raccoon, 1 bat; Hanover 1 red fox.

Occupational Illnesses: Hearing loss 10; Asbestosis 8; Carpal tunnel syndrome 7; Pneumoconiosis 7; Dermatoses 3; Cadmium toxicity 2; Byssinosis 1; Chemical hepatitis 1; Mesothelioma 1.

*4 year mean

Published Monthly by the VIRGINIA HEALTH DEPARTMENT Division of Epidemiology 109 Governor Street Richmond, Virginia 23219 Bulk Rate U.S. POSTAGE PAID Richmond, Va. Permit No. 1225

^{**}other than meningococcal